



# Quick guide

## Removal of (doffing) personal protective equipment (PPE)

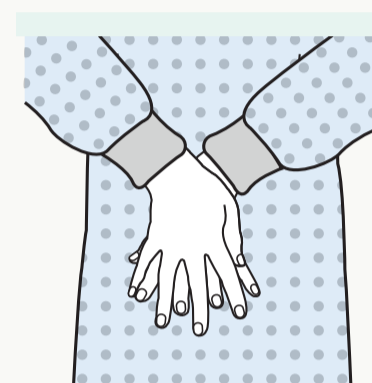
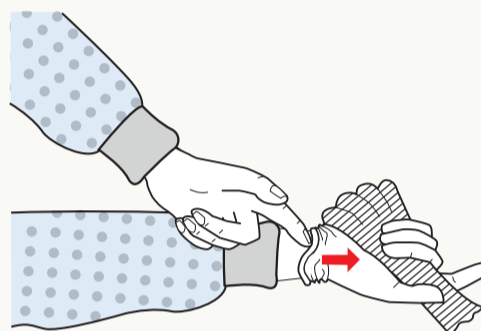
PPE should be removed in an order that minimises the potential for cross contamination.

**The order of removal of PPE is as follows:**

**1**

**Gloves –**

the outsides of the gloves are contaminated



Clean hands with alcohol gel

**2**

**Gown –**

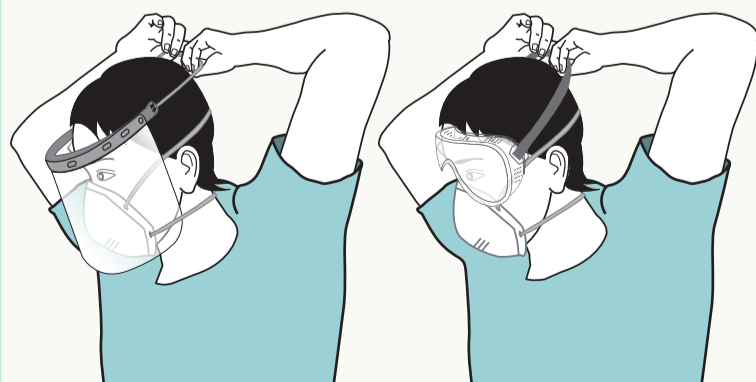
the front of the gown and sleeves will be contaminated



**3**

**Eye protection -**

the outside will be contaminated



**4**

**Respirator**

Clean hands with alcohol hand rub. Do not touch the front of the respirator as it will be contaminated



**5**

Wash hands with soap and water

